

CHRIST'S HOSPITAL
RELATIONSHIPS AND SEX EDUCATION (RSE) POLICY

Aim of RSE

At Christ's Hospital we aim to give children the information they need to help them develop healthy, nurturing relationships of all kinds. This goal is to ensure that they know what a healthy relationship looks like, what makes a good friend or colleague, and what makes a successful marriage or other type of committed relationship.

RSE teaches about contraception and STIs/STDs, but also about developing full, long-lasting intimate relationships and resisting the pressure to have sex (and not applying pressure). Perhaps most importantly it teaches about what is acceptable and unacceptable behaviour in relationships.

Statutory requirement

The Department for Education has stated that RSE needs to be compulsory in all secondary schools from 1 September 2020. Christ's Hospital has a long established RSE programme with all pupils being expected to engage fully, when discussing issues related to RSE, and to treat others with respect and sensitivity at all times.

Roles and responsibilities

The Head of PSHE (Personal, Social and Health Education) is responsible for co-ordinating the delivery of RSE at Christ's Hospital. Staff are supported in their delivery of RSE through INSET, observation and folder checks.

Content and delivery of RSE

RSE is taught within the PSHE (Personal, Social and Health Education) programme from Yr.7 (2nd form) to Yr.11 (GE). The majority of RSE is taught during the summer term.

The content of RSE within the PSHE programme is as follows:

	2 nd form	3 rd form	LE	UF	GE
Content delivered in Michaelmas	Friendship workshop	Friendship issues		'Healthy relationships' talk	
Content delivered in Lent				'Positive voice' talk	

Content delivered in summer	Periods Puberty Homophobia Cyber-bullying Online safety and CSE talk	Communicating your feelings Pride Religion and sex Family matters Marriage and divorce	Intimate relationships Sex in the media Sexuality Pornography Contraception and STIs/STDs talk	Sexual attraction Abusive relationships Parenting Teenage pregnancy LGBT parents <i>(all taught throughout the year as a carousel of activities)</i>	Fertility Unplanned pregnancy Online safety and CSE talk
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SEND (special Educational Needs & Disabilities)

Special requirements of SEND pupils are met by their individual PSHE teachers. Staff at Christ's Hospital follow guidance from the TLSS (Teaching and Learning Support Skills) department through individualised pupil passports.

Sexual identity and sexual orientation

Christ's Hospital ensures that teaching is accessible to all pupils, including those who are lesbian, gay, bisexual and transgender (LGBT+). We tackle all types of prejudice, including homophobia, and aim to create inclusive, friendly and tolerant environments, in accordance with the Equality Act 2010.

Review

The RSE policy is reviewed annually and the process involves pupils, parents and staff. The policy was introduced during the parents' pastoral morning (Saturday 15 February 2020) and is available in the policy sections of the School website and Parent Portal. It is accessible to all. Regular staff and pupil input, and parental consultation ensure that the teaching of RSE at Christ's Hospital is current, reflects the needs of our community, and is inclusive of all.

Right to withdraw

Parents have the right to withdraw their children from some or all of the non-statutory components of sex education within RSE unless a child within 3 terms of age 16 requests otherwise. This decision should not be taken lightly and before any request can be granted a discussion would need to take place between the School and the parents making the request and, if appropriate, with the child concerned. Any such requests need to be submitted in writing to the Assistant Head (Pastoral) and agreed by the Head Teacher.

Author: SCY

Date of last review: March 2020

Date of next review: March 2023